

# COACHING NEWS

## Coaching Commission

- Coaching Commission information
- Club Coach course
- French Coach visit
- Tip of the Day

Members from Troon, Fochabers, Inverleith, Glasgow, Comrie, Perth and Moffat gathered on the 9th of November to Discuss coaching in Scotland with the newly appointed National Coach. Throughout the day there was positivity, interaction and engagement on the various topics within the group. It was acknowledged that the SPA has delivered coaching locally, but this has not previously been coordinated at a National Level. A new Coaching Commission was formed with the task of creating a diversity of winners in Scottish National competitions targeting 2022 for results to fruitful.

## Club Coach Course

The Vision is to have at least one Club Coach in every club. They will introduce beginners and teach them the correct basic techniques and tactics, and will encourage players to develop their game further.



The 2 day course will take students through theoretical and practical aspects on day 1, with day 2 being an assessment where students are assessed on the terrain and by a written assessment. A key element of the course is the **Child Wellbeing And Protection In Sport Training** module which instructs coaches how to interact with children safely and effectively.

The Pilot course has been successfully completed with candidates from Glasgow, Perth, Inverleith and Moffat.

A new coaching kit was also revealed and will be available for qualified coaches to purchase.

## Coaches Visit France



During a recent visit to the south of France by Malcolm McKenzie, Ed Strachan and Bill Mcguigan initialled what could be an enduring relationship with the respected Coach at ABC Draguignan. Following positive feedback the Scottish Petanque Association has decided to hold a series of pre-season coaching days from 21-28 February at various clubs across Scotland.

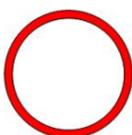
## Tips of the Day

### PLAYING STRONG SHOOTERS

- PLAY A LONG JACK
- DON'T GET DESPONDENT IF YOUR BOULE KEEPS GETTING SHOT – AFTER ALL A GOOD POINT WILL GENERALLY GET SHOT AND NOBODY HITS 100%
- TRY NOT TO PLAY TOO OPEN – LEAN ON YOUR OPPONENTS BOULE OR SIT ON THE JACK
- PLAY IN LINE WITH YOUR OPPONENTS BOULE
- TRY TO GET BEHIND ANOTHER BOULE IT'S HARDER TO SHOOT OVER THE TOP

## Pointing Basic

Focus on the **LANDING Spot** to achieve the correct **PARKING Spot**



LANDING SPOT



DONNEE

PARKING SPOT



BOULE D'AVANT  
BOULE D'ARGENT

